

# Teenage Pregnancy

## Introduction

This engaging course will enable you to understand the complex issue of teenage pregnancy; its causes and consequences, the current Government strategies for reducing teenage conception rates and sexual risk-taking, and how the right support and access to contraceptive advice and services can make a difference.



## Audience

This course is for anyone who works with or has contact with teenagers, young people, and their families, including:

- Carers, parents and education staff
- Frontline health and social care staff
- Professional organisations

## Objectives

In this course you will learn about:

- How prevalent the problem is
- Indicators of poor outcomes
- The impact of teenage parenting on the mother and child
- Who is most at risk of becoming a teenage parent
- The importance of not stereotyping teenage parents
- What the Teenage Pregnancy Strategy 1999 is
- Ensuring early access to appropriate multi-agency support
- Ensuring access to Sex and Relationships Education (SRE)
- Why pregnant teenagers need additional help
- What happens when they get poor service from professionals
- What teenagers want from you and the skills you need to use
- What messages you need to convey to teenagers
- What level of confidentiality you can give teenagers

## Content

Here are some of the topics covered in the modules:

The extent of the problem | Facts about teenage pregnancy and parenthood | Factors pointing to poor outcomes | Outcomes for the mother and child | Transmitting social disadvantage | Who is at risk | Risky behaviours | Education related factors | Family and social circumstances | The economic argument | Positive consequences of teenage parenting | The Teenage Pregnancy Strategy | What works best | Providing knowledge and skills | Open and honest dialogue | Improving access to contraception | Intervening early | Improving outcomes for teenage parents and children | Supporting teenage fathers | The impact of poor service | What teenagers need | What skills you need | Messages you should convey | Using a Risk Assessment tool | Confidentiality | Safeguarding | What needs to be done | Under 16s and sex