

Health and Safety in the Workplace (Archived)

Introduction

As per the Health and Safety at Work etc. Act, all businesses have a legal obligation to ensure that their employees are protected from harm in the workplace.

This course provides detailed and engaging learning for the complex and varied topic of health and safety in the workplace.

These 11 modules cover topics ranging from employee and employer responsibilities, how to record and report health and safety issues and how to conduct risk assessments, to good practices in relation to fire safety and manual handling.



Audience

This course should be taken by all employees and employers who require health and safety training. It is suitable for all organisations or companies, and also for self-employed individuals and others who wish to increase their awareness of health and safety in the workplace, or prepare for entry to a new job.

Objectives

In this course you will learn:

- Health and safety law and policy
- Employee's and employer's responsibilities
- How to record and report issues
- Why and when you make a risk assessment
- The five steps to risk assessments
- Tips for conducting a risk assessment in practice
- How to conduct manual handling safely
- Basic fire safety preparedness
- Ways of managing and controlling stress in the workplace
- To adapt processes/procedures for those with a disability
- How to properly set up and sit at a workstation

Content

Some of the topics covered in this course include:

health and safety law; who is responsible for health and safety in the workplace; how to record and report health and safety issues; why and when to make a risk assessment; the five steps to risk assessments; how to carry out manual handling safely; fire safety in the workplace; how to manage stress; disability in the workplace, and sitting at a workstation.